



FREELAND WRESTLING CLUB TOURNAMENT

NEMWA Divisions C & D

January 28, 2012

Freeland High School

8250 Webster Road

Freeland, MI 48623

This is an AAU Sanctioned event. All wrestlers must be AAU insured in order to compete.

Weigh Ins:

Friday night from 7 – 8 pm, Saturday morning from 7 am – 8:30 am

All wrestlers will weigh in on the gym balcony in singlet or tee shirt and shorts. Shoes optional.

No weight allowances will be given.

Entry Fees: \$10.00 per wrestler, please pay as a team in the pairing room before wrestling begins.

Admission: \$2.00 per adult, \$1.00 per child or \$5.00 per family

Weight Classes: NEMWA Weight classes.

5/6 – 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67 & Hwt.

7/8 – 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82 & Hwt. (Max 142)

9/10 – 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110 & Hwt. (Max 190)

11/12 – 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133 & Hwt. (Max 233)

13/14 – 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170 & Hwt. (Max 275)

Concessions: Pancake breakfast. Concessions available all day in the cafeteria.

Rules: ALL NEMWA RULES APPLY

Only two (2) coaches per mat, per match. This includes photographer/videographer.

All wrestlers will wrestle 3 – 1:30 minutes. No wrestlers with a questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying that it is not communicable.

School Rules: **NO SMOKING** on school grounds. NO food or beverages are allowed in the gym. **NO alcohol** of any kind allowed on grounds or NEMWA event. **NO crockpots.**

Coaches Meeting: 9:30 am.

Wrestling Begins: 10 am or as soon as pairing is complete.

Awards: Medals will be given out to the top three wrestlers per age and weight class. All 5/6 will receive a medal.

Any questions or concerns please contact Wes Spaulding at 989-326-0994 or cindywesley@charter.net