



Standish Sterling Panthers Youth Wrestling

Standish Sterling Central High School

2401 Grove Road

Standish, MI 48658

Regional Tournament Date: February 18, 2012

This is an AAU sanctioned event. All wrestlers must be AAU members in order to compete.

Weigh-Ins: 5/6, 7/8, 9/10, 11/12 & 13/14 Friday, February 17, 2011 6 p.m. to 8 p.m. or Saturday, February 18, 2011 7:00 a.m. to 8:30 a.m. Open style weigh ins. You must weigh-in in a singlet or t-shirt/shorts, no weight allowance.

Entry Fee: \$12.00 per wrestler; please pay as a team in the pairing room. (Before tournament begins)

Admission: \$2.00 per adult, \$1.00 per child and \$5.00 per family

Weight Classes:

5/6- 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67 & Hwt.

7/8- 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82 & Hwt. (142 max)

9/10- 51 55 59 63 67 71 75 80 85 90 95 100 110 & Hwt. (190 max)

11/12- 60 65 70 75 80 85 90 95 100 105 112 119 126 133 & Hwt. (233 max.)

13/14- 75 80 85 90 95 100 105 110 115 120 125 130 138 145 155 170 & Hwt. (275 max)

Concessions: Breakfast and Lunch available in the cafeteria. **No Crock Pots please.**

Rules:

- 1.) Tournament, safety and weigh in rules will be followed per NEMWA Rules.
- 2.) Only two coaches per mat, per match. This includes photographer/video-grapher.
- 3.) All wrestlers will wrestle 3-1:30 minutes.
- 4.) No wrestlers with questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying it is not communicable.

School Rules: No smoking on school grounds. No food or beverages are allowed in the gym.

Awards: Per NEWMA rules you must wrestle at 2 regular season tournaments to wrestle at regionals. To wrestle at State Finals you must place 1st – 4th at regionals. \$12.00 is required to be paid at Regional's if you place 1-4th for Finals.

9:30 Coaches Meeting

10:00 am Wrestling will begin as soon as pairing is complete

50/50 Raffle will be held throughout the day.

Please contact Bob Alexander and Jeni Alexander at jeni_alexander@yahoo.com or Mary Beth Frick at marybethfrick1@yahoo.com with any questions.